

#### **HGV Driver**

You'll need to be over 25 and hold a full HGV driving licence. You'll also need a Certificate of Professional Competence (Driver CPC) and Tacho Card and Hiab Licence, plus a valid CSCS card.

# **Skills Required:**

### You'll need:

- Excellent driving skills and road safety knowledge
- The ability to work alone and concentrate for long periods
- A polite manner with customers
- The ability to complete record sheets and paperwork accurately

### **Your Duties:**

You'll drive commercial vehicles over 7.5 tonnes, including articulated lorries, transporters and trailer wagons. You'll work from depots, distribution centres and warehouses, carrying goods all over London & the Home Counties.

Apart from driving, your duties may include:

- Planning delivery schedules and routes with transport managers
- Supervising or helping to load and unload goods
- Making sure loads are safely secured
- Following traffic reports and changing your route if necessary
- Completing delivery paperwork and log books
- You may also deal with basic maintenance, like oil, tyre and brake checks before and after journeys.
- · Attend training courses as required

## Hours:

You'll usually work up to 42 hours a week. Overtime may be available but there are strict laws about the number of hours you can spend driving between rest breaks.

Most of your time would be spent on the road.